

# FOOD FOR THOUGHT

## THE KENAI PENINSULA FOOD BANK CYBER SOUP SUPPER



**SOUP SUPPER TICKETS ARE ON SALE NOW** and if you would like to

pick out your beautiful hand-made bowls come to the Farmers Fresh Market at the Food Bank from 3-6 PM to purchase your ticket. Or you can call 262-3111 or email [randi@kpfoodbank.org](mailto:randi@kpfoodbank.org).

**Tickets at \$50** and each ticket comes with the chance to win a **weekly** and a **Grand Prize on August 22, 2020**.

It was a tough decision but we were unable to safely move forward with the traditional Soup Supper format. We will all miss the opportunity to mix, mingle,

and thank our neighbors and supporters. The venue for the 25th Annual Soup Supper and Auction is reserved for August 21, 2021. And we sure are looking forward to seeing you there.

This year the **CYBER SOUP SUPPER** is our call to action. Our neighbors need us more than ever during these times of economic insecurity and the uncertainty of the future.

This year's fundraiser is a true empty bowl event as we will not have the amazing chefs and caterers. Please consider filling your soup bowl with gratitude for these folks by ordering food from their establishments. They are struggling right now and can use our help.



EVERYTHING BAGELS

FINE THYME

FROSO'S

KENAI CATERING

KENAI PENINSULA FOOD BANK

KENAI SENIOR CENTER

LOUIE'S

LUCY'S MARKET

MYKELS

ODIES

PAD THAI CAFÉ

PARADISOS

SCHNITZEL BOMBER

STERLING SENIOR CENTER

THE FLATS BISTRO

THE HEARTH EATERY

WHERE IT'S AT

**Diamond**



bp



**OUR SOUPER HEROES!**

**Platinum**

**ConocoPhillips**  
Alaska's Oil & Gas Company

**Gold**



**WELLS FARGO**

**Silver**



**Bronze**  
LYNDEN

PARKER HORN CO

SALAMATOF NATIVE ASSOC.

# FOOD FOR THOUGHT

## 2020 NATIONAL FARMERS MARKET WEEK

**Farmers markets bring people together, even when they're 6 feet apart!**

The 21st Annual Farmers Market Week is August 2-8. This is an annual celebration that highlights the important role farmers markets play in the nation's food system.



### What is a farmers market?

A farmers market is a public and recurring assembly of farmers or their representatives selling the food that they produced directly to consumers. Farmers markets facilitate personal connections and bonds of mutual benefits between farmers, shoppers, and communities. By cutting out middlemen, farmers receive more of our food dollars and shoppers receive the freshest and most flavorful food in their area and local economies prosper.



**A**bout Farmers Market Coalition: The Farmers Market Coalition (FMC) is a national 501(c)(3) non-profit that is dedicated to strengthening farmers markets across the United States so that they can serve as community assets and provide real income opportunities for farmers. FMC provides support and resources to farmers market operators, organizations, state associations, building and maintaining a national network of leaders around local food systems and farmers markets. Learn more at [farmersmarketcoalition.org](http://farmersmarketcoalition.org)



**TOTE**



**Tuesdays 3–6 PM**  
**COMMUNITY COLLEGE DRIVE**  
**FOOD BANK PARKING LOT**



look for this sign!



- Get DoubleUp coupons at Kenai Peninsula Food Bank\*
  - at the Food Bank Farmers Market, every Tuesday 3-6pm
  - Direct Service, Monday-Friday 12-4pm
  - \*Please bring your WIC/Senior farmers market coupons with you!
- Use DoubleUp coupons to purchase fresh vegetables, fruit, herbs, or honey from local farmers displaying the yellow sign. \$1.50!
- Find participating farmers at...
  - Farmers Fresh Market: Tuesday, 3-6pm | Kenai Peninsula Food Bank
  - Soldotna Wednesday Market: 7am-6pm | Soldotna Civic Park
  - Soldotna Saturday Farmers Market: 10am-2pm | Kenai Square Civic Area
  - Old Town Marketplace: Friday, 11am-6pm | 517 Main St. Kenai
- Enjoy! Find tips for simple ways to prepare and enjoy fresh local produce at Kenai Local Food Connection's Facebook page.

KenaiLocalFoodConnection | [kenailocalfood@gmail.com](mailto:kenailocalfood@gmail.com) | [kenailocalfood.org](http://kenailocalfood.org)

## Meet Stephen, The Fireweed Diner's new Chef

I was born and raised in Northern California. From a young age I was always intrigued by the cooking techniques of my Hawaiian heritage passed down from my grandfather. I have always been an avid hunter and fisherman. This was a huge inspiration to cook having to find ways to utilize my harvest. After high school I attended Shasta College and completed their culinary

program, being trained in classic French and Italian techniques. After college I decided to travel the US (including Alaska) to learn different cultural styles of cooking. Over the years I have trained under many great chefs including Gordon Ramsay. I accepted the Head chef position at one of his most difficult Kitchen Nightmares restaurants. Most of my cooking experience has been

versed in most styles of cooking through Casino's, Hotels, Golf Clubs and various fine dining establishments, but not limited to small mom and pops restaurants. I recently moved back to Alaska after ten years to fully experience the life on the last frontier, and to share my culinary skills I have acquired from my journeys. ..



**F**armers markets are for communities. That's why our market is dedicated to public health and safety, including additional hand washing stations, required masks, and social distancing.



In memory of her father, Daisy gives to her community each year on his birthday. This year she chose the Food Bank. Along with her mom, Trina, they got to work putting out the word. Odysseey quickly joined in with a fundraiser BBQ and Mama's Wilderness BBQ donated food. Together they raised over 240 lbs of food and birthday bag items. They also brought in \$1,560.97 in cash donations.

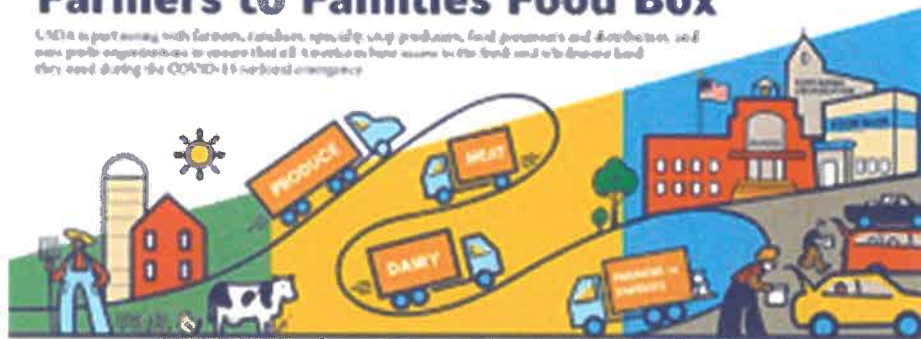
The Kenai Peninsula Food Bank has partnered with the USDA to bring this program to the Kenai Peninsula. The Food Bank trucks have been picking up food in Anchorage and distributing it throughout the entire Kenai Peninsula

at our own expense. Through this program, USDA's Agricultural Marketing Service (AMS) is partnering with national, regional and local distributors, whose workforces have been significantly impacted by the

closure of restaurants, hotels and other food service businesses, to purchase up to \$3 billion in fresh produce, dairy and meat products from American producers of all sizes. The program will supply food boxes of fresh fruits and vegetables, dairy products, meat products and a combination box of fresh produce, dairy or meat products. Distributors will package these products into family-sized boxes, then transport them to food banks, community and faith-based organizations, and other non-profits serving Americans in need.

### Farmers to Families Food Box

USDA is partnering with farmers, ranchers, specialty crop producers, food processors and distributors, and non-profit organizations to ensure that all Americans have access to the food and nutrition that they need during the COVID-19 national emergency.



#### Farmers

will find primarily domestic farmed and wild products. Do whatever, preventing waste

#### Distributors

partner with USDA to package family sized boxes with fresh produce, dairy and meat products, then transport them to our produce across America

#### Families

pick up food boxes from local schools, food banks, faith based organizations, and other non-profits

**CYBER SOUP SUPPER**

**TICKETS ONLY \$50**

Each ticket comes with a hand-crafted bowl and 2 chances to win fantastic prizes. (hint, the final prize will include Alaska Railroad tickets).

**August 21, 2020 is  
the last day to  
purchase all tickets**



**POLARIS XP 900**

Retail value - \$15,638.98

**Tickets ONLY \$50**

*2 Roundtrip Tickets Anywhere*

*Alaska Airlines Flies*

*Only \$100 per ticket—Only 100 tickets available*



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Soldotna, Alaska, 99669

Phone: 907-262-3111

Fax: 907-262-6428

Email: [someone@example.com](mailto:someone@example.com)

Website: [kfoodbank.org](http://kfoodbank.org)

**THANK YOU!**

Thanks to **Mark Pierson Photography** for the pictures showing funders, granters and supporters the day to day operations of the food bank.

